

Wisconsin Rapids Community Media Sunday, 3/19/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board board	6:00
6:00 AM	Life With Elizabeth Life With Elizabeth	0:30
6:30 AM	TV Mass TV Mass submitted by Catholic Diocese of La Crosse.	0:30
7:00 AM	River Cities Church Service This program is provided by the church.	1:00
8:00 AM	Lakes Fellowship Church Service Lakes Area Christian Fellowship in the Town of Rome submitted by the church.	1:00
9:00 AM	TV Mass	0:30
9:30 AM	A Date With the Angels	0:30
10:00 AM	Faith Reformed Church Service This program is provided by the church.	1:00
11:00 AM	First English Church Service This program is provided by the church.	1:00
12:00 PM	Grace Lutheran Church Service This program is provided by the church.	1:00
1:00 PM	Trinity Lutheran Church Trinity Lutheran Church	1:00
2:00 PM	Good Shepherd Church Service This program is provided by the church.	1:00
3:00 PM	Immanuel Lutheran Church Service This program is provided by the church.	1:00
4:00 PM	St. Vincent de Paul Mass This program is provided by the church.	1:00
5:00 PM	St. John's Church Service This program is provided by the church bi-weekly.	1:00
6:00 PM	St. Paul's Church Service This program is provided by the church.	1:00
7:00 PM	St. Luke's Church Service This program is provided by the church.	1:00
8:00 PM	Baker Street Church Service This program is provided by the church.	1:00
9:00 PM	TV Mass	0:30
9:30 PM	Life With Elizabeth	0:30
10:00 PM	Time Capsule	2:00

Wisconsin Rapids Community Media Monday, 3/20/2023

Time	Show	Duration
12:00 AM	Community Bulletin Board board	6:00
6:00 AM	Scenery Morning Meditation	1:00
7:00 AM	Yoga Yoga	1:00
8:00 AM	Senior Exercise Senior Exercise #3 submitted by Gunderson Lutheran.	1:00
9:00 AM	WFHR Morning Magazine	0:30
9:30 AM	Heart of Wisconsin Chamber Awards	1:30
11:00 AM	Discover Wisconsin	1:00
12:00 PM	Vlada's Seeds of Life	1:00
1:00 PM	Get Healthy With Holly	1:00
2:00 PM	Heart of Wisconsin Chamber Awards	1:30
3:30 PM	The Garage with Steve Butler	0:30
4:00 PM	Smart Movie Show	1:00
5:00 PM	WR Committee Meetings	2:00
7:00 PM	Wisconsin Eye Week in Review Newsmakers	1:00
8:00 PM	Into the Outdoors	1:00
9:00 PM	YMCA: Yoga With Renee Kinney	0:30
9:30 PM	Yoga with Noelle Joy	0:30
10:00 PM	Time Capsule	2:00

Wisconsin Rapids Community Media Tuesday, 3/21/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board board	6:00
6:00 AM	Scenery Morning Meditation	1:00
7:00 AM	Yoga with Noelle Joy Yoga	1:00
8:00 AM	Senior Exercise Senior Exercise #3 submitted by Gunderson Lutheran.	1:00
9:00 AM	The Outlaw (1943)	2:00
11:00 AM	Discover Wisconsin	1:00
12:00 PM	Cowboy Union Jam Filmed by Art Napgezek.	2:00
2:00 PM	Home (2009)	2:00
4:00 PM	New Glarus: Tale of the Spotted Cow	1:00
5:00 PM	JPL and the Space Age Mission to Mars	1:00
6:00 PM	Common Council	2:00
8:00 PM	Wisconsin Eye Week in Review Newsmakers	1:00
9:00 PM	Nighttime Yoga	1:00
10:00 PM	Time Capsule: Wisconsin Rapids Time Capsule: Wisconsin Rapids	2:00

Wisconsin Rapids Community Media Wednesday, 3/22/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board Community announcements	6:00
6:00 AM	Morning Meditation Morning Meditation	1:00
7:00 AM	Yoga	1:00
8:00 AM	Woodland Lutheran Church Woodland Lutheran Church	1:00
9:00 AM	Our Lady Queen of Heaven Services from Our Lady Queen of Heaven church.	1:00
10:00 AM	TV Mass	0:30
10:30 AM	A Date With the Angels	0:30
11:00 AM	Nekoosa United Church Nekoosa United Church	1:00
12:00 PM	Time Capsule: Wisconsin Rapids	2:00
2:00 PM	Get Healthy With Holly	0:30
2:30 PM	Get Healthy With Holly	0:30
3:00 PM	Into the Outdoors	1:00
4:00 PM	Heart of Wisconsin Chamber Awards	1:30
5:30 PM	Heart of Wisconsin Legislative Breakfast	1:30
7:00 PM	Wisconsin Eye	1:00
8:00 PM	The Garage w/Steve Butler	1:00
9:00 PM	Nighttime Yoga	1:00
10:00 PM	Time Capsule	2:00

Wisconsin Rapids Community Media Thursday, 3/23/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board Community Bulletin Board	6:00
6:00 AM	Scenery Morning Meditation	1:00
7:00 AM	Yoga	1:00
8:00 AM	WWLC Meeting	0:30
8:30 AM	Grand Rapids Town Meeting The Grand Rapids Town Board meetings are recorded the second Tuesday of the month.	1:00

9:30 AM	Wood County Board of Supervisors The Wood County Board is recorded the 3rd Tuesday of each month by WRCM staff except in November	1:00
10:30 AM	Wisconsin Rapids Public Schools board meeting Monthly meeting of the Wisconsin Rapids Public Schools board	1:30
12:00 PM	Nekoosa School Board Nekoosa School Board	2:00
2:00 PM	MSTC Board Meeting	1:30
3:30 PM	NASA: Down to Earth	0:30
4:00 PM	NASA Explorers	1:00
5:00 PM	A Captain's Log	1:00
6:00 PM	Smart Movie Show	1:00
7:00 PM	Candidate Interviews - City Council	1:00
8:00 PM	Candidate Interviews Port Edwards Village Trustee	1:00
9:00 PM	Candidate Interviews - Port Edwards President	0:30
9:30 PM	Candidate Interviews - Wood County Judge	0:30
10:00 PM	Time Capsule	2:00

Wisconsin Rapids Community Media Friday, 3/24/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board Community Bulletin Board	6:00
6:00 AM	Morning Meditation Morning Meditation	1:00
7:00 AM	Yoga Yoga	1:00
8:00 AM	Senior Exercise Senior Exercise	1:00
9:00 AM	Heart of Wisconsin Legislative Breakfast	1:30
10:30 AM	SWC YMCA Nutrition 101	0:30
11:00 AM	Discover Wisconsin	1:00
12:00 PM	Getting Healthy with Holly	0:30
12:30 PM	The Garage with Steve Butler	0:30
1:00 PM	Plainly Difficult	0:30
1:30 PM	Into the Outdoors	0:30
2:00 PM	NASA: Down to Earth	0:30
2:30 PM	NASA Explorers	1:00
3:30 PM	A Captain's Log Star Trek!	1:30

5:00 PM	Hacking Reality	0:30
5:30 PM	Don't Be A Sucker	0:30
6:00 PM	Smart Movie Show	1:00
7:00 PM	Candidate Interviews - City Council	1:00
8:00 PM	Candidate Interviews - Port Edwards Village Trustee	1:00
9:00 PM	Candidate Interviews - Port Edwards President	0:30
9:30 PM	Candidate Interviews - Wood County Judge	0:30
10:00 PM	Flash Gordon Conquers the Universe	2:00

Wisconsin Rapids Community Media Saturday, 3/25/2023		
Time	Show	Duration
12:00 AM	Community Bulletin Board Community Bulletin Board	6:00
6:00 AM	Morning Meditations Morning Meditations	1:00
7:00 AM	Classic Cartoons Cartoons	3:00
10:00 AM	Into the Outdoors	1:00
11:00 AM	Discover Wisconsin	1:00
12:00 PM	Cowboy Union Jam Filmed and edited by Art Napgezek	2:00
2:00 PM	Rhythm & Blues Revue (1955)	1:30
3:30 PM	Five Minutes to Live	1:30
5:00 PM	Dementia (1955)	1:00
6:00 PM	Smart Movie Show Movie reviews!	1:00
7:00 PM	Hands of a Stranger (1962)	1:30
8:30 PM	Creature Features	2:00
10:30 PM	The Brain That Wouldn't Die	1:30